

## District 7 Meeting Minutes for May 2015

**The meeting opened** at 7:00 PM, March 19, 2015 at the First Congregational Church on the SW corner of 415 Juniper Street in Brainerd MN., with the Serenity Prayer. Introductions were made; Carl DCM, Eric Alternate DCM, Gail Treasurer, Dave Secretary, Tom GSR, Owen visitor, Tom visitor, Carl archives, Ann Treatment, Virgil GSR, Arden Corrections Chair, Neil webmaster, Dennis GSR, Liz CPC/PI, Jason GSR, Mark Literature/Grapevine, Vickie GSR, Larry, reporting on Pine River and Dicky GSR.

**Call for additions to the agenda:** Event announcement

**Concept 5 – Carl** read Concept 5. Right of appeal and minority opinion. This is important as fresh or new perspectives can be voiced and heard.

**Tradition 4 – Gail** read Tradition 5 long form.

**Secretaries Report- Dave:** There were no additions or corrections noted. Ann made a motion to accept April minutes, Gail seconded. Motion carried.

**Treasury Report-Gail,** Reports for both March/April and April/May were reviewed. Dave made a motion to approve the March/April report, seconded by Carl and motion carried. Arden made a motion to approve the April/May report, seconded by Owen and motion carried. A biannual report will be given before June District Meeting.

### **GSR Reports-**

**Trinity, Friday Night Speaker –Tom,** Meets at 7:00 Friday evening at Trinity Lutheran Church. Last Friday of the Month is a potluck event which starts at 6:00pm.

**Nisswa Wednesday Women’s Work – Vickie,** The Nisswa Wednesday Women’s Work group meets at the Nisswa Fire Hall every Wednesday at 5:30 PM. It is an open meeting. We have a potluck/speakers meeting the 1<sup>st</sup> Wednesday of the month followed by a group conscience meeting. We have Big Book, Step, Traditions and Topic meetings. We have 25-30 women in attendance each week. We also carry the message into the Focus Unit and the Crow Wing Co. Jail.

**Serenity in the Pines-Carl,** (sub GSR), We meet at 8:00 Thursday Located on Co. Rd. 49 across from the Eagles Landing golf course, the 3<sup>rd</sup> driveway on the left. We have on average 30 years of sobriety and usually have a newcomer each month. Come take a walk in the woods and visit on Thursday night.

**Life Begins Here-Ann B.** This is an Open Group of AA that meets 7:00 every Friday Night at the Lakes Alano Club on Maple St. Our meeting is a topic meeting where we rotate leaders weekly. The group is 20-25 people with varying lengths of sobriety. At this month’s group conscience meeting is we decided to support sending two group members along with their invited professionals to the CPC event this month. We also discussed other fellowship opportunities for the summer months. We have been placed on the Focus Unit waiting list for groups/members wishing to carry the message into this facility. One of our members has expressed interest in helping the Central Lakes AA information line.

**Pine River-Larry (representative)** Meets at the DAC Center located on Cty. Rd. 2. 8:00pm Wednesday is an open meeting Big Book discussion. Snowbirds are coming back. 8:00pm Saturday is an open meeting topic discussion format. 6-17 in attendance for both nights.

**Palisade-Arden,** Meets Monday night. Meeting is going well. We had a new person right out of treatment attend last week. Attendance is 10-12 people. Still looking to fill the GSR position.

**There is a Solution-Arden (forTim),** Thursday night 6:30 Bethlehem Lutheran Church, Wright, MN. We study the Big Book paragraph by paragraph. The 4<sup>th</sup> Thursday of the month is a Speaker/potluck meeting which starts at 5:30pm followed by speaker at 6:30pm. We are fulfilling our commitments at Mishka Wisen Treatment Center, MSOP, Sandstone prison, Aitkin Co. Jail, and Dehaven Treatment in Cloquet. The Big Book and sponsorship are strongly suggested at our meetings. Attendance is good.

**Cornerstone of Hope- Dennis,** We meet at 7:00 PM on Tues. at the Basement of the St. Francis Church. There is a rotating Chair person who picks the topic. We break into smaller groups for discussion and each group are free to leave when they are finished. Attendance is in the low 20's. Focus Unit patients attend each week and we give them rides to and from. New or first time attendees receive a welcome medallion, call list and meeting schedule.

**Trinity Sunday Night Speaker-Virgil,** Meets Sunday 7:00 pm at Trinity Lutheran Church. Last Sunday of the month we have Group Conscience at 6:00pm followed by potluck.

**Sleepy Hollow Group- Jason,** We meet every Monday at 8:00 at the Fort Ripley Town Hall. This is 1/2 mile S. of the Crow Wing Camp Ground. We take a meeting into the Focus Unit the first Monday of every month. Attendance is usually 20 people. On Saturday, June 6<sup>th</sup> we are hosting in partnership with Serenity in the Pines, "The Round Robin Potluck" event. Fellowship starts at 5:00pm. Potluck at 6:00pm followed by an Alanon speaker and an AA speaker. Ice cream social to follow speakers. See event flyer.

**Big Sandy/McGregor- Arden (for Paul W.),** Meets at 7:00pm on Wednesday and 9:00am on Saturday. Attendance is 10-15 each night. We are a topic discussion meeting.

**Crosby/Ironton- Dicky,** Meetings held every day. Thursday night meeting: Snow birds are starting to come back. Our group is doing step work from the 12x12 one week followed by that month's Tradition the next week. We are currently on Step 5. Early announcement: October 24, 2015, we will be hosting our Round Robin Event at Deerwood Auditorium. This event is growing.

### **Action Committee Breakout sessions- 10 minutes**

### **Action Committee Reports-**

**C.P.C. / P. I.-Liz,** CPC event, only 21 tickets sold so far. Liz asked all to work hard to get more participation. Let Liz know off any new participants by Monday, May 18<sup>th</sup>. The event will be held at the Main Building this year. Liz need help with directional signs and set up-clean up. New schedules have been ordered.

**Archives-Carl,** Carl reported he has been under the weather so, nothing new to report.

**Treatment-Anne,** I was visited the Focus Unit. They received the schedules and I thank District for that. I also stopped at Avalon and dropped off flyers and schedules. I have information ready for Adapt of MN and I will talk with Teen Challenge this week.

**Corrections-Arden,** The Aitkin County Jail is going well with plenty of good help. We do have at least 2 women going in so we need more women volunteers. Crow Wing County Jail is doing well but, literature for the rack is needed. I attended and assisted with the Sandstone Prison Transition Fair and Appreciation Dinner event. This was a great success. We bring a meeting into Sandstone on the 2<sup>nd</sup> Tuesday of the month and we are in need of additional volunteers. I will be attending the MAPCO event on May 20<sup>th</sup> and 21<sup>st</sup>. I'm not sure if I can make the CPC event. I also attended the Crow Wing county Transition Fair which was well received.

**Grapevine/Literature-Mark,** Inventory is available. Mark has inventory on hand. Big Books, hard and soft cover are on order along with other literature needs. Inventory list will be sent out via email. Mark will have Big Books available for the CPC event. Mark and Carl told a joke found in the Grapevine.

**Webmaster-Neil,** Not much to report. Have been posting flyers and events as they come forward. Neil need current Action report to post. Dave will email latest edition to Neil.

**Alt DCM- Eric,** Alt DCM Report for May 2015,

I don't have a lot to report this month. I have been dutifully creating the newsletter every month, and writing copy. I also created a flyer for the picnic, and will correct a couple typos before I send it to Dave for distribution. I have been pitching the C.P.C. event at all the meetings I attend. I did get down to Crosby /Ironton, Brainerd, and Pequot Lakes for meetings. I pitched the District's desire to be helpful to Cass County with supporting a booth at the fair with some members from that corner of the district, before deferring the discussion to Liz at the Pequot meeting. I also requested assistance bringing a meeting into the C.W.C. Jail on the the third Thurs. over at Pequot. Crosslake had three members, including myself, show up to bring a meeting into the jail this month, and three inmates participating.

Yours in Service,

eric

**DCM Report – Carl,** May DCM Report

Hello all. I was able to get to Wahkon for their open meeting. I received a warm welcome and was able to update their contact person. Thank you for that. I met with Rolene up in Grand Rapids to go over some of our meetings. We found that some of our changes were not done. They may have got lost in cyber space or not. Three of our meetings our pending inactive, a state they may to be in for six months. Others are pending active, also, six months. The main point is that this is not an overnight fix. A couple meetings from Ironton went inactive in 2006 and were never contacted to update their contacts.

Eventually, we will get the proper information to the meeting locator site, just don't hold your breath. It is a work in progress that we are working on.

I hope to see you at our District CPC Event next week and all our events we are participating in. Don't forget to sign up for the State Fair if you can get there to man our booth. Thanks for allowing me to serve, Carl DCM of District 7

### **Old Business**

1. CPC Event- See Liz's report. Liz suggested maybe we should consider holding the CPC event every other year.
2. Picnic- Scheduled for Sunday, July 19<sup>th</sup>. Eric passed around a sheet to fill out for volunteers to bring things to the picnic. No live music this year. Eric suggested bringing a pulpit so that people can share their experience, strength and hope.
3. State Fair, August 29<sup>th</sup> and 30<sup>th</sup>, booth still needs volunteers. Contact Jeff G. at 218-234-5633
4. Local Fairs: Larry for Pine River said that there are volunteers from Backus, Pine River and Pequot groups willing to man a booth. He need a check for \$85.00. Fair will be held June 25<sup>th</sup>-28<sup>th</sup>. District 7 will support with cost of permit, literature rack, signage and other misc. needs. Aitkin County Fair, July 8<sup>th</sup>-11<sup>th</sup>: District will support this Fair as well.
5. Delegate nominations: No additional names came forward.
6. Zonal Forums: This topic was tabled for future discussion.
7. MACPO event June 20<sup>th</sup>. Little Jake will bring needed material and gear. Arden will assist.

### **New Business/Old Business carried forward**

1. Delegates Report: Will be held on Thursday, July 16<sup>th</sup>. 6:00 potluck, 7:00 Delegate report followed by our regular District meeting.
2. District Meeting location: Dicky from Crosby/Ironton indicated their group is interested in hosting a monthly District Meeting. A committee consisting of Liz, Carl, Arden, Virgil and Dicky will meet to discuss and bring forth suggestions. Carl will chair this committee.

### **Calendar of Events**

1. May 20<sup>th</sup> MACPO event
2. May 21<sup>st</sup> CPC Event
3. June 7<sup>th</sup> Area Committee meeting
4. District picnic July 19<sup>th</sup>
5. June 4<sup>th</sup> 5:30-11:00 Long Prairie Outdoor Theatre will be showing Bill's Story: What we can do, What we don't do.

We closed the meeting with the Lord's Prayer at 8:28