

## District 7 Meeting Minutes for October 2014

**The meeting opened** at 7:00 PM, July 21, 2014 at the First Congregational Church on the SW corner of 415 Juniper Street in Brainerd MN., with the Serenity Prayer. Introductions were made; Carl DCM, Eric Alt. DCM, Dave Secretary & sub GSR, Gaea GSR, Mark Grapevine/Literature, Dennis GSR, Ann GSR, Carl Archives/Alt GSR, Toni GSR, Liz CPC/PI, Paul GSR, April Treatment Chair & GSR, Tim GSR, Arden Corrections & sub GSR, Neil Web Master, Gail Treasurer and visitors Tom, Larry and Johnny.

**Call for additions to the agenda:** Winter Workshop

**Concept 10** – Carl read Concept X.

**Tradition 10** – Dave read Tradition X long form.

**Secretaries Report- Dave:** Motion was made by Liz to accept the June meeting minutes, seconded Gail and carried by the group.

**Treasury Report-Gail,** Gail reported on McGregor's missing check and Life begins here check has been accounted for. Wright Groups check will be accounted for next month. There are two checks which are missing information on which group to assign them to. Gail passed around the information to see if someone recognized the names. Carl motioned to approve financial report, Eric seconded and motion passed.

### **GSR Reports-**

**Our Common Welfare- Dave** reporting for O.C.W. OCW is a closed meeting which meets Wed. nights at 8:00 PM at 615 Maple St. in Brainerd. Attendance varies from 15 to 30 persons. It is a Big Book and AA approved literature discussion meeting. We bring a meeting into the Focus Unit at 7:00 PM the 3rd Monday of each month and meetings into the Echo Pod at the C.W.C. Jail the 2nd and the 4th Thursday at 7:00 PM. OCW is tentatively scheduled to move to 1<sup>st</sup> Congregational Church on December 3<sup>rd</sup>.

**Corner Stone of Hope-Dennis,** Meets Tuesday at 7:00pm at St. Francis Church in the basement. Alternating Chair who chooses discussion topic. Average attendance is low 30's. We give rides to the Focus Unit patients.

**Nisswa Wednesday Women's Work -April,** gave this report: The Nisswa Wednesday Women's Work group meets at the Nisswa Fire Hall every Wednesday at 5:30 PM. We currently have 30-40 Women attend. We offer rides for the Focus unit. We now have a speaker meeting the 1<sup>st</sup> Wed. followed by a Big Book topic, Tradition and 1<sup>st</sup> Step meeting. Strong sponsorship and fellowship. We bring meetings into the Jail and Focus Unit.

**Serenity in the Pines-Carl** (sub GSR), We meet at 8:00 Thursday Located on Co. Rd. 49 across from the Eagles Landing golf course, 3<sup>rd</sup> driveway on the left. WE gave out two 3 year medallions last meeting. 12-15 members strong. Come for a walk in the woods and get a peace of mind. Pot belly stove to keep us warm.

**There is a Solution-Tim,** Thursday night 6:30 Bethlehem Lutheran Church, Wright, MN.

10-15 members in attendance. We have commitments at Mishka Sloan every Wed., De Hamen outpatient monthly, MSOP Moose Lake Last Sat. of the month and Aitken Jail. 4<sup>th</sup> Thursday pot luck/speaker meeting. We have speakers coming from all over the area.

**Palisade- Arden** (contact person), Group is doing good. Last Monday we had 10 in attendance. We had one person with 4 days of sobriety which was great. We also had a 35 year medallion.

**Primary Purpose-Toni**, Meets on Wednesday nights at 7:00 at the Living Water Church by Wahkon. Things are going well with an average of about 15 people. We are a 12x12 and Big Book discussion group. 5<sup>th</sup> Wednesday of the month is a speaker meeting. On Wed. Oct. 30, we are having a speaker from Elk River, Sue S. from the Way out Group. Pot luck at 6:00, speaker at 7:00. All are welcome and costumes are optional. Thanks for keeping me sober, Toni

**McGregor AA-Paul**, Meets Wednesday nights at 7:00 and Saturday mornings at 9:00 at Big Sandy Alano Club. We have an average of 12 or more at our meetings which are open with a focus on topics, Steps and other AA related areas. He suffered the loss of another valued member due to age and medical problems. Lloyd had 11 years of sobriety and passed away sober which is the hope and wish of many of us in AA. Another note: Eric, alternate DCM for District 7 visited our meeting last Wed. We greatly appreciated this.

**Pine River New Beginning-Ann Alt GSR**, Meets Wednesday and Saturday nights 8:00-9:00 at DAC. Roughly 17 members strong. Big Book study on Wednesday with 7-10 in attendance and open topic on Saturday with 15-17 in attendance. Lori resigned her GSR position.

**Backus Courage to Change-Ann**, Meets Tuesday 7:30-8:30pm at Emanuel Lutheran Church. About 23-26 members. We had a potluck last Tuesday with the AI-Anon group. It was a great success.

**Saturday Candlelight-Gaea**, meets Saturday 10:00pm at the Upfront Alano Club. Our attendance varies from 9-15 people. We have seen a variety of clean time since the last District meeting. Our group does Step work and open discussion, topic and it varies according to what the group wants to do that night.

## **Action Committee Reports-**

We started a new tradition with 10 minute Action Committee breakout sessions.

**C.P.C. / P. I.-Liz**, I was grateful for the opportunity to attend the Fall Assembly and hear what other Districts are doing in CPC and PI. District Chairs are encourage to attend quarterly Area Committee meetings in Aitkin. Some new ideas for us would be sending representation to the State Fair, PSA's drug courts, and distributing pamphlet f-2 (what AA does and does not do) everywhere. Also printing cards including our phone line. Reminder to tread lightly when representing AA at non-affiliated meetings. Invited other Districts to attend our District meeting and events for more information. I would like to volunteer to assist with PSA's and putting together "Beginner Welcome Packets: Please contact me. PSA's: Arden and Tom volunteered to assist. Beginner packets: Gail volunteered to assist. Looking at radio stations in Brainerd, Breezy Point and Aitkin and Lakeland TV. Big thanks to Tom H. for all his assistance with our Schedules. New Schedules are on the table in

back. A new run of Schedules will need to be printed in November.

**Archives-Carl**, Attended Fall Assembly. I sat in on archives panel. Still assembling pamphlets. Need contact information for Out of State AA sources to assist Help Line request from outside our State.

**Treatment-April**, Gaea, Larry and Dave sat in the breakout session. I just took over this position. I am passionate about treatment facilities and feel it is extremely important that we stay in contact with these Centers. I have enlisted Ann to help me in the Pine River area and Gaea agreed to assist in the Brainerd area. I will be dropping off new schedules to the Focus Unit tonight. I elected to attend the GSR school at Fall Assembly. It was an awesome experience. Eric has agreed to retrieve the Treatment material from Sheldon. If anyone has Treatment Center needs, please contact me for further assistance.

**Corrections-Arden**, I attended the Fall Assembly in Grand Rapid. I was able to sit in on the Corrections breakout session. There was a lot of good discussion before, during and after the meeting.

**Grapevine/Literature-Mark**, Mark discussed inventory and cash on hand and the benefits of having a Grapevine subscription and the availability of on line Grapevine resources- Our Meeting in print. Able to reach the far reaches of the planet and various institutions.

**Webmaster-Neil**, Neil said during the breakout session, several issues were discovered. Mainly, information has to flow to Neil to get onto the Website. There is a delivery failure in the system. Neil will need Bob's assistance to correct this. Neil's email address is listed correctly on all of District rosters so, he duly noted his correct email address. Neil needs old and current meeting minutes and action item list. Dave will forward these to Neil. Discussion followed on vetting meeting minutes so these may be posted on the website.

**Alt DCM- Eric**, Alt DCM Report Oct. 2014. Greetings! This month has been a busy and active moth for service work. I attended the Fall Assembly, and roomed with Carl for one night, and ate two meals. My expenses came to about \$85.00. I found this assembly to be very informative. There are several issues which I wrote about in some detail in the newsletter. Carl will also expound on these I hope. I saw many familiar faces, and also saw our District was well represented. I did create a newsletter and will pass the draft around the table for a quick review. I'd publish immediately, but I am waiting on Carl's report. I am also learning how to print a single sheet of paper front and back. I did visit a group in an outlying area this month. I made it out at the McGregor/Big Sandy meeting and happy to report they had a packed house, and an inspiring meeting that had me smiling all the way home. Yours in Service Eric.

**DCM Report – Carl**, Hello all. I attended the Fall Assembly along with several others from the district. A budget was passed. I think it was generally agreed that a more realistic budget be brought forth next year, since budgets are usually about 33% higher than what is spent. One of the things I learned was that we had a bunch of meetings that are not on the meeting locator because they are not registered or their contact person is wrong. I would like to say that the

problem has been fixed, but, that is not true. Eric has agreed to help with some of the groups. Unfortunately, I have not been able to get to the rest. I will be working on that in the next few weeks. When a contact person information is wrong, a group becomes inactive and they are not able to be placed on the aameetinglocator.org web site.

We have an area 35/36 workshop coming up November 1<sup>st</sup>. I hope to see some of you there. Our area web person has been given the go ahead to try to develop a web site for AA Minnesota along with area 36. It would incorporate the meeting locator and several others options.

Yours in service,

Carl DCM D7

### **Old Business**

1. No additional information on School speakers
2. Discussion on CLA Help Line. Pot luck Dec. 3<sup>rd</sup> 6:00. A flyer will be published for distribution to all groups. An agenda will be generated and passed along to Carl, Eric, April and Dave for individual presentations at the meeting. This agenda should also be passed out at the event.

### **New Business/Old Business carried forward**

1. Website: Discussed during Neil's report.
2. Winter workshop: January in Superior Wisc. Theme for District 7 presentation will be on "Our Primary Purpose" Volunteers include: April Carl Eric & Dave.
3. Group changes was discussed. Flow of information was established and Liz made a motion that; Group changes should be forwarded to the District DCM or Alt. DCM, then forwarded to Area 35, District CPC and District 7 Webmaster.

Area 35/36 Workshop Nov. 1 10:00am- 2:00pm.

We closed the meeting at 8:29 with the Lord's Prayer.