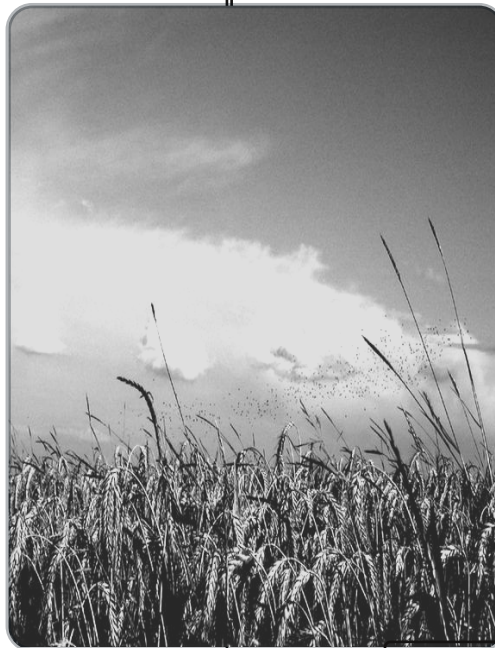




District 7 Aug 2015 Newsletter



I promised Eric to contribute to his newsletter that he has done such a good job with. As I read the thought for the day from the Daily Reflections, I know that I am on the right track with my thinking. I keep thinking about how grateful I am to have been saved from my life of active alcoholism. The thought for the day was talking about a priceless gift. As a result of the fellowship of AA and the grace of God I enjoy peace of mind and serenity. I'm no longer haunted by remorse, guilt, depression, and fear. This truly is a priceless gift. The Big Book talks about this. Rarely, have we seen a person fail who has thoroughly followed our path. For me, that meant repeated trips through the steps and the promises followed. I am truly grateful. The Big Book says to give freely of what you have been given. I will spend the rest of my time trying to repay what has been given me. It has been truly an honor to serve the district as your DCM. Yours in service, Carl District 7 DCM



DCM REPORT AUGUST 2015

Hello all. Welcome to the August District 7 meeting. We are almost at the end of our two year terms. It is time to think about our elections coming up in October. We have been blessed to have all our positions filled this term. It would be great to have that happen again. It is a lot easier for all of us when that happens. I have been blessed with having an alternate DCM who has been a great help. I would like to thank all of you for your hard work. You have truly been a wonderful group of people to work with. I was able to attend the Crow Wing County Fair and sit at our booth there. I would like to thank Mark for all of his efforts to keep the booth running smoothly. Some food for thought. We have another fair in Morrison County that we have not had a booth at and it is in district seven. We have our next district meeting in Pequot Lakes 9-17-2015. We should finalize the deal by actually voting on it. Somehow, the actual vote was skipped in July, my fault. The Fall Assembly is in St. Cloud 10-2, 3-2015. We have district elections in October. Yours in service, Carl DCM D7

Aitkin County Jail

We need volunteers especially women, to bring meetings into the jail
Thursday 5:30 pm. Orientation in April. Contact- Tim 218-838-0628, or Arden 218-392-0081, or Jail Volunteer Coordinator, Dan Moriarty.

Would you like to be added to the distribution list for District publications? Email Carl at papapump09@hotmail.com , or Dave at eegs@charter.net

The 3rd Thurs. of every month we hold District Meetings at the 1st Congregational Church in Brainerd. We Need Warm Bodies! Be There- Be Square!

The Sept. Meeting will be held at the Trailside Centre in Pequot!!!

Are you finally ready to contribute to the District 7 Newsletter?

Do you have something news worthy or interesting that you'd like to bring to the table? The current editor of this publication is requesting help with copy for the newsletter. This is something you will not want to miss. Or perhaps there is a proposed item that you would like to bring forward to the 2016 Agenda, and you'd like to "float" an idea for the betterment of all our fellowship. Maybe you have a recovery story that you feel compelled to share. This newsletter could be a venue for you to reach out. Our distribution list is growing- for you.

Email your copy to a District Committee member and remember together WE can do this.



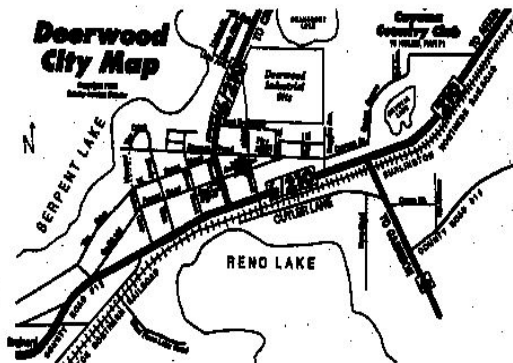
6th Annual Cuyuna Range Round Robin & Potluck

Sat., Oct. 24, 2015
Deerwood Auditorium

Live Music... Doug, Jody and Louise
(A.K.A. Happy, Jovous & Free!)

Fellowship & Potluck, 4-5:30 p.m.
Alanon Speaker, 6:15 p.m. • AA Speaker, 7 p.m.

- DOOR PRIZES -



For more information contact John M. at 218-232-3746 or Dick W. 218-330-8272



SLEEPY HOLLOW
AND

SERENITY IN THE PINES

THE
ROUND ROBIN POTLUCK



SATURDAY
SEPTEMBER 26TH, 2015
FORT RIPLEY TOWNSHIP HALL

FELLOWSHIP STARTS AT 5:00 PM

POTLUCK STARTS AT 6:00 PM

7PM • ALANON SPEAKER **TD**

8PM • AA SPEAKER **CAMERON W. FROM BRAINERD, MN**

ICE CREAM SOCIAL FOLLOWS SPEAKERS

IF YOU NEED MORE INFO, CONTACT
TIM C. AT 320-632-2444 | RON L. AT 218-431-2339
SEE BACK FOR MAP

Face It All in the Fall

Pequot Lakes Sixth Annual Fall Fourth and Fifth-Step Retreat

Have you been putting off completing your fourth and fifth steps? Have you ever done them? If so, how long has it been since you completed your last fourth and fifth? Could you benefit from completing a new one? Have you told yourself that you don't have the time, the place, or the information to get the job done? Well, now you do. Simply attend this retreat.

What: A place and time to complete fourth and fifth steps, both for first-timers and for anyone desiring or needing a fresh inventory.

When: Friday, October 23, 5:00 PM until 10:00 PM (dinner provided)
Saturday, October 24, 9:00 AM until 2:00 PM (treats provided)

Where: Pequot Lakes Trailside Center Baptist Church, 30028 County Rd 112
(This is the same facility where the AA gratitude dinner is held in Nov.)

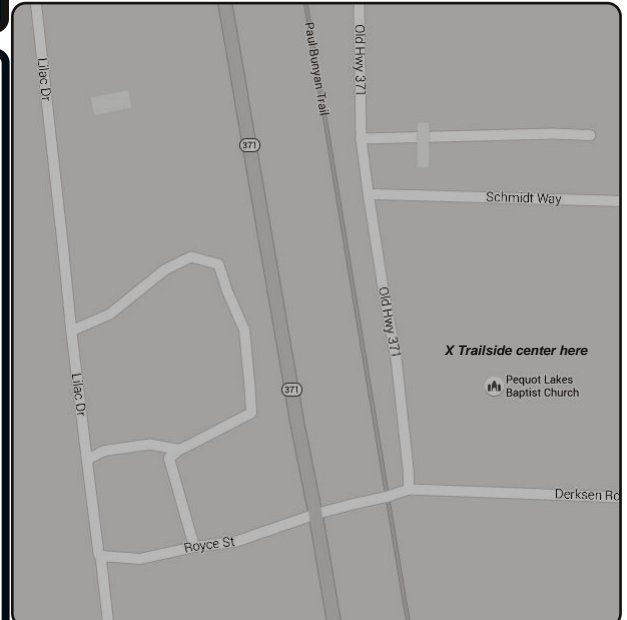
Schedule: Friday will offer guidance on how to complete fourth steps, followed by quiet time to work on individual inventories. Various fourth-step inventory guides will be provided, and fourth-step mentors, sponsors, and others will be available to help those working on inventories.

Saturday will be used to finish fourth steps, followed by fifth steps.

Fifth steps will be taken with persons trained in hearing fifth steps,

including a sponsor or someone else of your choosing, such as other AA members, counselors, and clergy.

Just think, in less than a day you can complete these two important steps that can lead to a lifetime of contented sobriety. All that is required is willingness. If you are interested in completing a fourth and fifth step, or if you wish to volunteer to help, call Joe A. at 218-562-5073.



A special reminder!

The September District Meeting will be held at the Trailside Centre in Pequot Lakes At the usual time and date. (7:00 pm on the third Thursday of the month.) This is in keeping with the District conscience to try the rotation of meeting locations around the District.