



# District 7 June 2015 Newsletter



**May DCM Report**  
**Hello all. I was able to get to Wahkon for their open meeting. I received a warm welcome and was able to update their contact person. Thank you for that. I met with Rolene up in Grand Rapids to go over some of our meetings. We found that some of our changes were not done. They may have got lost in cyber space or not. Three of our meetings our pending inactive, a state they may to be in for six months. Others are pending active, also, six months. The main point is that this is not an overnight fix. A couple meetings from Ironton went inactive in 2006 and were never contacted to update their contacts. Eventually, we will get the proper information to the meeting locator site, just don't hold your breath. It is a work in progress that we are working on. I hope to see you at our District CPC Event next week and all our events we are participating in. Don't forget to sign up for the State Fair if you can get there to man our booth. Thanks for allowing me to serve, Carl DCM of District 7**



I am responsible for the things I am responsible for.

This goes hand in hand with the saying, " I am responsible for the effort, not the outcome."

Lately some of our District members have poured out a considerable measure if effort, and have seen diminishing returns in the outcome category. One particularly troublesome issue is the FNG Database, the lost updated group information, and the continued absence of groups on the meeting locator, following Carl's outstanding effort to register every group in our rather large District. Another issue, still developing is the small amount of tickets sold for the C.P.C. Event, following a tremendous effort by Liz and others to generate interest in our event. Both problems will hopefully resolve favourably in the fullness of time, but they are the cause of great consternation for the individuals who pour out their lives to make these things happen. Prayer is an action, just like gratitude. It is something that I do, not just something I feel, or intellectualize. I want to talk about gratitude here today. And I want to demonstrate it as

action.

Consider this dear friend. When we got here at the start of this beautiful path we had help did we not? Those men and women who helped us, they didn't have to help us did they? They weren't held by some rule or mandate to bless us with their compassion, and generosity. Myself, I think I can say without reservation, that those people who reached out to me when I was drinking and insane saved my life, but they did even more than just save my life. A life is a pretty big thing, but they saved even more than that. And They Didn't Have To Help Me- but they did. see pg 2

Are you finally ready to contribute to the District 7 Newsletter?

Do you have something news worthy or interesting that you'd like to bring to the table?

The current editor of this publication is requesting help with copy for the newsletter. This is something you will not want to miss. Perhaps you'd like to talk up an upcoming AA event- like the CPC Event to be held at Grandview. Or perhaps there is a proposed item that you would like to bring forward to the 2016 Agenda, and you'd like to "float" an idea for the betterment of all our fellowship. Maybe you have a recovery story that you feel compelled to share. This newsletter could be a venue for you to reach out. Our distribution list is growing- for you.

Email your copy to a District Committee member and remember together WE can do this.

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Aitkin County Jail

We need volunteers especially women, to bring meetings into the jail  
 Thursday 5:30 pm. Orientation in April. Contact- Tim 218-838-0628, or Arden 218-392-0081, or Jail Volunteer Coordinator, Dan Moriarty.

For some reason those people who intervened in the course of my spiralling life found it worthwhile to help me. I have benefited from the actions of others. I fully understand today just how difficult it was for these people to be kind to me, to be generous to me, to teach me, to help me. It was hard for them. I appreciate the difficulty that went into the action of showing me goodwill. This appreciation of the effort that went into helping me is the start of gratitude. The action of gratitude is to begin to repay this Grace that was shown to me.

There are several ways to approach repaying the kindness that pulled me up from the scrap heap of humanity. One way is to do what I can to help those who have helped me. Occasionally we get to directly repay the compassion, and generosity to the very same people who were there for us when the chips were down. This I must do where ever possible and without reservation. Often though that is not possible. In my case decades have passed before I have begun to awaken to the truth. Those people who were instrumental in my growth have passed away, or we have become separated. Another way to repay what was so freely given to me is to help others. I show them the same compassion, generosity, and goodwill that helped me regain my integrity. I help others. I volunteer. I get involved. And remember, it wasn't easy for those people to help the egotistical train wreck that I was, it was Difficult for them. So I should not shirk difficulty either. If I am to repay that kindness, or even give it a raise, than I will be called to do difficult things too. This is how goodness spreads in this world. This is how we heal this broken place, and make it well again. Just like the kindness that was done for us, we do for them. And in this way I do my part to repay that Grace that was shown to me.

So, to bring it all together. It isn't easy to bring meetings into the jail, or to the treatment centre. It isn't easy to take on a sponsee, or work one on one with a wet drunk. Sometimes it really hurts, especially when we lose one. It is often very hard to carry the torch for public events, and maintain current databases so the still suffering one has a chance to find hope, peace, wellness.....When I see volunteers struggling with difficulty as Liz, and Carl have the last few weeks I am filled with a desire to repay their effort.

"Service will save you" Steve C. Life IS about service. In AA we here lots of ironic truisms, "like to keep it you have to give it away." Here is one you don't hear everyday, but it stands true as a beacon of light before us, " To have all, Give all."

Have a Blessed Day,  
eric

### Sleepy Hallow Round Robin

Sat, June 6, 12am – Sun, June 7, 12am

**Where** 8300 Town Hall Road Southwest, Fort Ripley, MN 56449, USA  
[map](#)

**Calendar** AA Events

**Created by** admin@area35.org

**Description** Sleepy Hallow Serenity In the Pines  
Pot Luck Round Robin

September 13th  
5:00 PM Fellowship  
6:00 PM Pot Luck  
7:00 Alanon  
8:00 AA Charile C. Gilbert MN  
Ice Cream Social Follows

### District 7 Annual Meet and Greet Picnic

Held on July 19th, 11 Am- 4 pm, at Lum Park

Pot Luck, Grilled Hamburgers, and beverages!  
Lots of wonderful food! entertainment, speakers, games....  
This is an event for the whole family. Everyone is welcome!

This event is funded solely by individuals within District 7.

**Be sure to attend!**

### Area 35 Comittee Meeting

**When** Sunday, Jun 7, 2015

**Where** 322 1st. Avenue N.E., Aitkin, MN ([map](#))

**Description** Area 35 Comittee Meeting

9:00 AM - 3:00 PM

Aitkin Alano Club  
Aitkin, MN

Would you like to be added to the distribution list for District publications? Email Carl at papapump09@hotmail.com , or Dave at eegs@charter.net

The 3rd Thurs. of every month we hold District Meetings at the 1st Congregational Church in Brainerd. We Need Warm Bodies! Be There- Be Square!