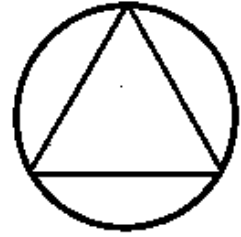


District 7 Newsletter



Nov/Dec 2012

DCM Report

Greetings District 7!

It's hard to believe November is here already, it seems in sobriety the time has sped up. Maybe the transformation from a mundane life of frustration and futility to one of serenity and usefulness has something to do with it? Plus, we get busy—in a good way—when we sober up.

Traditionally then, November is the month of **gratitude**. As I reflect, it becomes apparent to me that the focus of things I am grateful for has evolved. It used to be things like waking up without a hangover, keeping the plug in the jug, and staying out of jail. Of course I am still grateful for those things! But now I notice things like the joy I get in watching my grandson grow up and all his shenanigans, doing better in all my relationships, and being more honest. I am grateful for these things and for the serenity which has been granted me. I know I am and must continue to be happy about my sobriety and to insist upon enjoying life. I am truly grateful for the AA program which has given me access to a Power that I find more and more wondrous as time passes on.

As we near the end of this rotation's first year, I feel pretty good about our accomplishments and am grateful to those who provide their time and talents to the fellowship and to reach those yet to come. Please let us know what we can do to serve you better and please know all are welcomed and encouraged to participate. We look forward to seeing you soon!

Checks out the district's website at www.aacentrallakes.org—you'll find useful information and links there. We want your input and feedback on the site and welcome ideas on how to make it better. Our aim is for the site to be a useful tool.

In service,
Neil F.



District Committee Meeting

District 7 holds a District Committee Meeting the third Thursday of every month. The next meeting is scheduled for: **Thursday December 20th 2012** at 7:00 PM at the First Congregational Church, 415 Juniper St. the SW corner of Gregory Park, Brainerd All AA members and especially all GSR's are encouraged to attend.

If your home group does not have a GSR, you can elect one! Discuss with your home group members.

District & Area Events

Area 35 Committee Meeting December 2nd at 9 AM in Aitkin

Archives Workshop! December 15th at Sleepy Hollow, 6-9 PM

District Meeting in Brainerd on December 20th 7-8:30 PM

Area 35 Workshop January 19-20 in Walker

Additional Events: www.area35.org

AA Traditions

Tradition Eleven:

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Tradition Twelve:

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

To ALL AA Meetings/Groups in District 7

We hope your meetings are going well! If your group does not have a GSR, please consider having a business meeting and electing one. Having a GSR is **the key** for an AA meeting to be linked to the district, area, and GSO. By being linked properly, the group members stay informed and can be assured that their voice is heard in AA. Only by doing this can we as a fellowship ensure that ALL of AA is represented and not just a small faction.

We have people in the district willing to help your meeting/group if you have any needs. Please contact Neil at 218-251-0157. We also welcome your suggestions and ideas!

Let us know how we can serve you better and we'd love to have you participate in the selfless giving AA Service allows for. We would love to see all our communities represented: Crosby-Ironton, Aitkin, Deerwood, Trommald, Cuyuna, Pillager, Malmo, McGregor, Garrison, Brainerd, Nisswa, Crosslake, Pequot Lakes, Pine River, and Backus. (You too if I've left you out!)

Responsibility Declaration

"I am responsible ... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."